

# Lunch & Dinner

(Available Midday – 2pm & 6 – 9.30pm unless otherwise stated)

## Please see our Fresh Seafood Specials Board

### Starters

- Oysters “Au Naturel” 2.45 each**  
(GF)(VE) **Watermelon & Feta Salad 8.25**  
(GF) Add Parma Ham: 4.95
- Whole Baked Camembert 15.45**  
Rocquette Cider Chutney, Toasted Bread and Italian Bread Sticks  
(For two)
- (GFA) **Eggs Florentine 8.95**  
Two Poached Eggs, Toasted Muffin,  
Wilted Spinach and Hollandaise Sauce  
Add Smoked Haddock Croquette: £2.75
- (GFA) **Eggs Benedict 8.95**  
Two Poached Eggs, Toasted Muffin  
and Hollandaise Sauce with Parma Ham
- (GFA) **Smoked Salmon  
with Scrambled Eggs or Avocado 8.95**  
Granary Toast
- (GFA)(V) **Smashed Avocado  
& Two Poached Eggs 8.95**  
Granary Toast, Roasted Vine Tomatoes  
Add Smoked Haddock Croquette: £2.75
- (GF)(V) **Steamed Asparagus Spears 9.45**  
Two Poached Eggs, Tarragon Hollandaise  
(GF) Add Parma Ham: 4.95
- (GFA) **Classic King Prawn Cocktail 9.45**  
Crisp Lettuce, Marie Rose Sauce, Fantail of Cucumber,  
Brown Bread Fingers
- (GFA) **Braised Octopus & Chorizo 9.95**  
in a Rich Tomato Sauce, Charred Fennel and Rustic Breads
- Moules “Marinieres” 9.95 / Main 16.95**  
Add Guernsey Cream 1.00, Rustic Bread Basket 2.50,  
Skinny Fries 3.95
- Tempura Fried Monkfish 11.95 / Main 22.95**  
Vegetable Stir-Fry, Sweet & Sour Sauce
- (GFA) **Pulled Ham Hock Terrine & Continental  
Meat Board 1 pers 9.95 / 2 pers 16.95**  
Pickled Vegetables, Red Onion Marmalade,  
Rustic Bread & Mixed Butters
- (GF) **BBQ Asian Short Ribs of Beef 9.95**  
Asian Slaw, Chilies and Sesame Seeds
- Homemade Duck Spring Rolls 9.75**  
Oriental Salad, Honey & Soy Dressing
- (VE) **Vegetable Spring Rolls 9.00**  
Asian Slaw, Hoisin Sauce
- (GF) **Soup of the Day 6.95**  
or **Lobster Bisque & Garlic Croutons 8.45**  
Rustic Bread

### Salads

- (Available from Midday onwards)
- Starter 9.95 / Main 16.95**
- (GFA) **Flash Fried Calves Liver**  
Mixed Leaf & Red Onion Dressing  
Add Black Pudding and/or Crispy Pancetta: 2.00 each
- (GFA) **Free-Range Chicken Caesar**  
Anchovy Dressing, Garlic Croutons  
Add Chorizo and/or Crispy Pancetta: 2.00 each
- (GF)(V/VE) **Avocado, Pickled Beetroot  
& Goats Cheese Crostini**  
Tomato & Red Onion Vinaigrette, Herb Bruschetta
- (GF)(V/VE) **Poached Pear, Blue Cheese Crumble  
& Caramelised Walnuts**  
Dressed Mixed Leaves
- (GF)(V/VE) **Mediterranean Vegetables & Feta**  
Zucchini Noodles, Roasted Red Peppers and Aubergine,  
Black Olives, Tomato & Pesto Dressing

### Guernsey Scallops

Starter (3) 9.95 / Main (6) 19.90

Please choose your cooking preference:

- (GF) St Jacques  
(GF) Meunière  
(GF) Wrapped in Pancetta  
(GF) Thermidor

### Guernsey Crab & Lobster

Crab Starter 14.95 / Main 26.95

Lobster Half 18.95 / Whole 36.95

- (GFA) **Chilled**  
Crisp Lettuce, Cherry Tomatoes, Cucumber, Spring Onions,  
Marie Rose Sauce, Lemon Mayonnaise,  
Brown Bread & Butter Fingers  
Add Smoked Salmon or 3 King Prawns: 4.95
- (GFA) **Thermidor**  
Creamed Potatoes, Rocket Leaves
- (GFA) **Risotto or Linguine**  
Sweet Chili, Garlic & Cream Sauce, Rocket Leaves, Fresh Parmesan

### Mains

- Individual Fillet of Beef Wellington 27.95**  
Served Pink, Horseradish Pommes Mouseline, Wilted Spinach,  
Caramelised Shallot & Red Wine Jus
- Herb Crusted Rump of Lamb 24.95**  
Rosemary Gnocchi, Wilted Spinach & Tapenade Dressing
- Honey & Sesame Roasted Duck Breast 22.95**  
Served Pink with Stir-Fried Rice Noodles,  
Pak Choi and Spring Onion
- (GFA) **Free-Range Chicken Schnitzel,  
Melted Garlic Butter 18.95**  
Sauteed Potatoes, Grilled Vine Tomatoes,  
Cucumber & Onion Vinaigrette
- (GFA) **Pork Schnitzel 19.95**  
Caper Butter, topped with a Fried Egg and Gruyere Cheese,  
Red Onion & Tomato Salad and Sauté Potatoes
- (GFA) **Seafood & Shellfish Linguine 20.95**  
Cherry Tomatoes, Chopped Parsley, Garlic Butter, White Wine,  
Olive Oil, Parmesan Shavings
- Fillet of Scottish Salmon en Croute 19.95**  
Steamed Greens, Herb Buttered New Potatoes,  
Sauteed Leeks & Gravadlax Sauce
- (GFA) **Trio of Cobo Fish & Chips 18.95**  
Pan Fried, Battered & Grilled Seafood & Shellfish,  
Minted Peas, Tartar Sauce, Hand Cut Chips
- Spinach & Ricotta Filled Tortellini 16.95**  
Asparagus & Wild Mushroom Sauce,  
Dressed Rocket Salad and Parmesan Shavings  
Add Fresh Free Range Cajun Spiced Chicken: 4.00
- (V)(GF) **Spanish Omelette 15.95**  
Mediterranean Vegetables, Tomato and Red Onion Concasse,  
Dressed Mixed Leaf Salad  
Add Mature Cheddar Cheese: 1.50
- (GFA) **Sinagág**  
Filipino Garlic Fried Rice and Vegetables with Oyster Sauce  
(VE) **Deep Fried Tofu 14.95**  
**Free Range Chicken Breast 16.95**  
**King Prawns 18.95**
- (GF) **Black & White Quinoa 14.95**  
Saffron Fennel, Pomegranate, Crumbed Feta and Micro Coriander

### Char-Grilled Steaks

- Served with Roasted Cherry Tomatoes,  
Garlic Mushrooms and Onions à la Française
- (GFA) **Fillet: 175g 23.95 / 225g 28.95**  
(GFA) **Sirloin: 175g 17.95 / 275g 25.95**
- (GF) Add Garlic Butter, Diane, Peppercorn,  
Red Wine or Béarnaise Sauce: 2.00  
(GF) Add 3 Garlic King Prawns: 4.95  
Add 3 Scallops: 6.95

### Burgers

(Available from Midday onwards)

- Served in a Brioche or Vegan Bun  
with Skinny Fries or Hand Cut Chips
- 180g Steak Burger 16.95**  
Deep Fried Onions, Gherkins, Tomato, Dijon Mayonnaise  
Add Monterey Jack or Mild Cheddar Cheese: 1.50  
Add Bacon or Crispy Pancetta: 2.95  
Add a Fried Free-Range Egg: 1.50
- Chicken Schnitzel Burger 15.95**  
Baby Gem Lettuce, Sliced Tomato, Lemon Mayo & Sweet Chili Sauce  
Add a Fried Free-Range Egg: 1.50
- (V/VE) **Chickpea & Coriander Burger 15.50**  
Baby Gem Lettuce, Sliced Tomato, Gherkin, Lemon Veganise

### Sandwiches & Ciabattas

(Available 12 – 6pm Only)

- All of our Sandwiches can be served on Gluten-Free Bread
- (V/VE) **Soup & Sandwich 9.95**  
Small Soup of the Day with half a round of Ham & Tomato,  
Chicken Mayonnaise or Cheddar with Red Onion or Pickle
- (VE) **Sliced Avocado Open Ciabatta 10.95**  
Tangy Smashed Chickpeas, Sun Dried Tomatoes,  
Dressed Rocket, Toasted Pine Nuts  
Add Feta Cheese Glaze: 1.95
- Hand-Picked Crab Sandwich 13.95**  
Lemon Mayonnaise
- Seafood & Shellfish Club Sandwich 15.95**  
Warm Smoked Salmon, Cream Cheese & Chives,  
Prawns Marie Rose, Lettuce, Sliced Cucumber
- Triple Decker Club Sandwich 15.95**  
Warm Free-Range Chicken Breast, Grilled Bacon,  
Baby Gem Lettuce, Sliced Tomato, Dijon Mayonnaise  
Add a Fried Free-Range Egg: 1.50
- 175g Sirloin Steak Ciabatta 16.95**  
Garlic Butter, Red Onion Marmalade, Rocket Leaves

### Sides

(Available from Midday onwards)

- Sharing Bread Basket with Mixed Butters 4.95**
- Tempura Fried Onion Rings 2.95**
- Skinny or Hand Cut Chips, Sweet Potato Fries,  
Sautéed, Creamed, Lyonnaise or  
Herb Buttered New Potatoes 3.95**
- Garlic Creamed Spinach, Tempura Zucchini,  
Asparagus Spears, Mixed Steamed Greens 3.95**
- Mixed, Green or Tomato & Onion Salad 3.95**

Enjoy a wide range of Homemade Desserts, After-Dinner Cocktails, Dessert Wines, Vintage Ports, Liqueurs, Brandies, Single Malt Whiskies, Teas and Coffees

A discretionary 10% service charge will be added to your bill.

GF = Gluten-Free | GFA = Gluten-Free Option Available | V = Vegetarian | VE = Vegan | V/VE = Vegetarian, Vegan Option Available. Please note that all of our local seafood and shellfish is subject to availability and may contain traces of shell or bone. Some dishes may contain unpasteurized cheeses, traces of nuts and other allergens. Please notify a member of staff should you have any special dietary requirements.

## Cabo Bay Wraps

(Served Midday to 6pm)

£13.95 Each

All the below served on a White Tortilla Wrap, accompanied with Lightly Sea Salted Crisps

### Panko Breaded, Free Range Chicken

Avocado, Cherry Tomatoes, Red Onion, Iceberg Lettuce & Sweet Chilli Sauce

### Asian Style Beef Trimming

Pickled Onions, Red Peppers, Sesame Seeds, Spring Onion, Ginger & Hoisin Sauce

### Marinated Filipino Shredded Pork "Sisig"

Red Onion Vinaigrette, Sliced Tomato & Garlic Aioli

### Crispy Marinated Hoi Sin Duck

Cucumber, Spring Onion & Plum Sauce

### BBQ Glazed Rump of Lamb

Smoky Aubergine, Feta, Rocket Leaves & Mint Sauce

### Creamy Smoked Haddock

Wilted Spinach & Lemon Crème Fraiche

### Smoked Salmon Caesar

Iceberg Lettuce, Croutons, Parmesan Shavings

### Black & White Sesame Nori Wrapped Tofu

Avocado, Pickled Carrots, Red Peppers & Wasabi Dip

## Breakfast & Brunch

(Available 9am – 11.30am)

(V)(GFA) Toast, Butter & Preserves £2.95

(V) Croissant & Preserves or Danish Pastry £3.95

(V/VE)(GFA) Bacon or Sausage Bap £5.95

(VE)(GF) Pink Grapefruit & Natural Yoghurt £6.95

Roasted Pine Nuts and Guernsey Honey

(V)(GFA) American Pancakes £7.95

Maple Syrup, Fresh Berries and Vanilla Ice Cream

(V)(GFA) Eggs Florentine £8.95

Two Poached Eggs, Toasted Muffin, Wilted Spinach and Hollandaise Sauce

Add Smoked Haddock Croquette: £2.75

(V)(GFA) Eggs Benedict £8.95

Two Poached Eggs, Toasted Muffin and Hollandaise Sauce with Parma Ham

(V)(GFA) Smashed Avocado & Two Poached Eggs £8.95

Granary Toast, Roasted Vine Tomatoes

Add Smoked Haddock Croquette: £2.75

(GFA) Smoked Salmon & Scrambled Eggs or Avocado £8.95

Granary Toast

(V)(GFA) Vegetarian Brunch £10.95

Two Eggs, your way, with Vegetarian Sausage, Grilled Tomato, Sautéed Mushrooms, Wilted Spinach, Hash Browns, Baked Beans and Toast

(GFA) 3 Egg Omelette with Your Choice of 3 Fillings £9.95

Ham, Bacon, Cheddar, Feta, Cream Cheese, Tomato, Avocado, Mushroom, Spinach, Red Onion, Olives, Smoked Salmon *Fillings: £1.50 each*

(GFA) Traditional Full English £12.95

Eggs, your way, with Grilled Bacon, Pork Sausage, Tomato and Sautéed Mushrooms, Hash Brown, Baked Beans and Toast

(GFA) 170g Minute Sirloin Steak & Fried Egg £16.95

Hash Browns or Skinny Fries, Sautéed Mushrooms, Grilled Tomato

## Children's Menu

(Available from Midday onwards)

(GFA) (V) Garlic Bread £1.95

Add Melted Mozzarella Cheese: £1

(V) Portion of Skinny or Curly Fries £3.95

Add Melted Cheddar Cheese: £1

Chicken Nuggets and Chips £6.95

Baked Beans or Garden Peas

(GFA) Homemade Fish Goujons £8.50

Skinny Fries, Garden Peas, Tartar Sauce

Pork or Vegan Sausage and Chips £6.95

Baked Beans or Garden Peas

(GFA) Homemade Beef Slider £8.95

Skinny Fries

Add Cheddar Cheese: £1

Add Grilled Bacon: £1

(GFA)(V) Penne Pasta 'Pomodoro' £6.95

Rich Tomato & Basil Sauce

Add Grated Mozzarella Cheese: £1

## Set Lunch & Early Bird Dinner Menu\*

2 courses £17.95 / 3 courses £23.50

(\* Available 12 – 2pm & 6 – 6.30pm, please vacate table by 8pm)

### (V) Herb Cheese Flat Breads

Choice of Goats Cheese & Red Onion Marmalade, Halloumi & Mediterranean Vegetables, Feta & Black Olives or Parmesan & Rocket

### Tempura Fried Salmon Roll

Nori Sheets, Ginger, Green & Red Chillies & Pickled Radish

(GF) "Tom Yam" Hot & Sour Fish Soup

(GF) BBQ Chicken Wings

(GF) Smoked Baby Back Ribs

(GF)(V) Baked Aubergine Parmigiana

### Marinated Strips of Sirloin Steak & Mixed Salad Tortilla Wrap

Garlic Mayo & Fries

(GF) Crisp Marinated Belly Pork

Black Pudding Sauce, Asian Stir Fry Vegetables & Rice Noodles

Chicken Meat Balls & Penne Pomodoro

Fresh Parmesan

(GF) Pan Fried Black Bream

Tomato, Onion, Garlic & Whipped Egg, Vegetable Fried Rice

(GF) Cajun Seafood

Tomato, Cucumber, Onion & Balsamic Vinaigrette, Egg Fried Rice

(GF)(V/VE) Vegan Adobo

Mushrooms, Carrots, Mange Tout, Celery, Potatoes & Soy Sauce

### Banana Fried Spring Rolls

Vanilla Ice Cream

(GF) Chocolate Meringue

Buttercream & Cashew Nuts

(GF) Crème Caramel

(GF) Lemon Posset

Guernsey Ice Creams

(GF) Selection of Sorbets

## Dessert Menu

(Available from Midday onwards)

(GF) Your Choice of Ice Creams and Sorbets 2.40 per scoop

Vanilla, Milk Chocolate, Strawberry, White Chocolate or Praline Ice Cream, Raspberry, Cassis, Lemon or Orange & Mandarin Sorbet

Traditional Apple Strudel 7.95

Your choice of Chantilly Cream, Vanilla Ice Cream or Crème Anglaise

Homemade Lemon & Lime Cheesecake 7.95

Honeycomb & Shortbread Base

(GF) Classic Crème Brûlée 7.95

(GF) Mixed Berry Eton Mess 7.95

Chantilly Cream, Crushed Meringue

Fondant au Chocolat 7.95

Your choice of White Chocolate, Vanilla or Praline Ice Cream

(Please allow up to 15 Minutes)

(GFA) Cheese Board 8.95

Mature Cheddar, Stilton and Brie with Celery, Grapes, Caramelised Walnuts, Fruit Chutney and Water Biscuits

A discretionary 10% service charge will be added to your bill.

GF = Gluten-Free | GFA = Gluten-Free Option Available | V = Vegetarian | VE = Vegan | V/VE = Vegetarian, Vegan Option Available. Please note that all of our local seafood and shellfish is subject to availability and may contain traces of shell or bone. Some dishes may contain unpasteurized cheeses, traces of nuts and other allergens. Please notify a member of staff should you have any special dietary requirements.